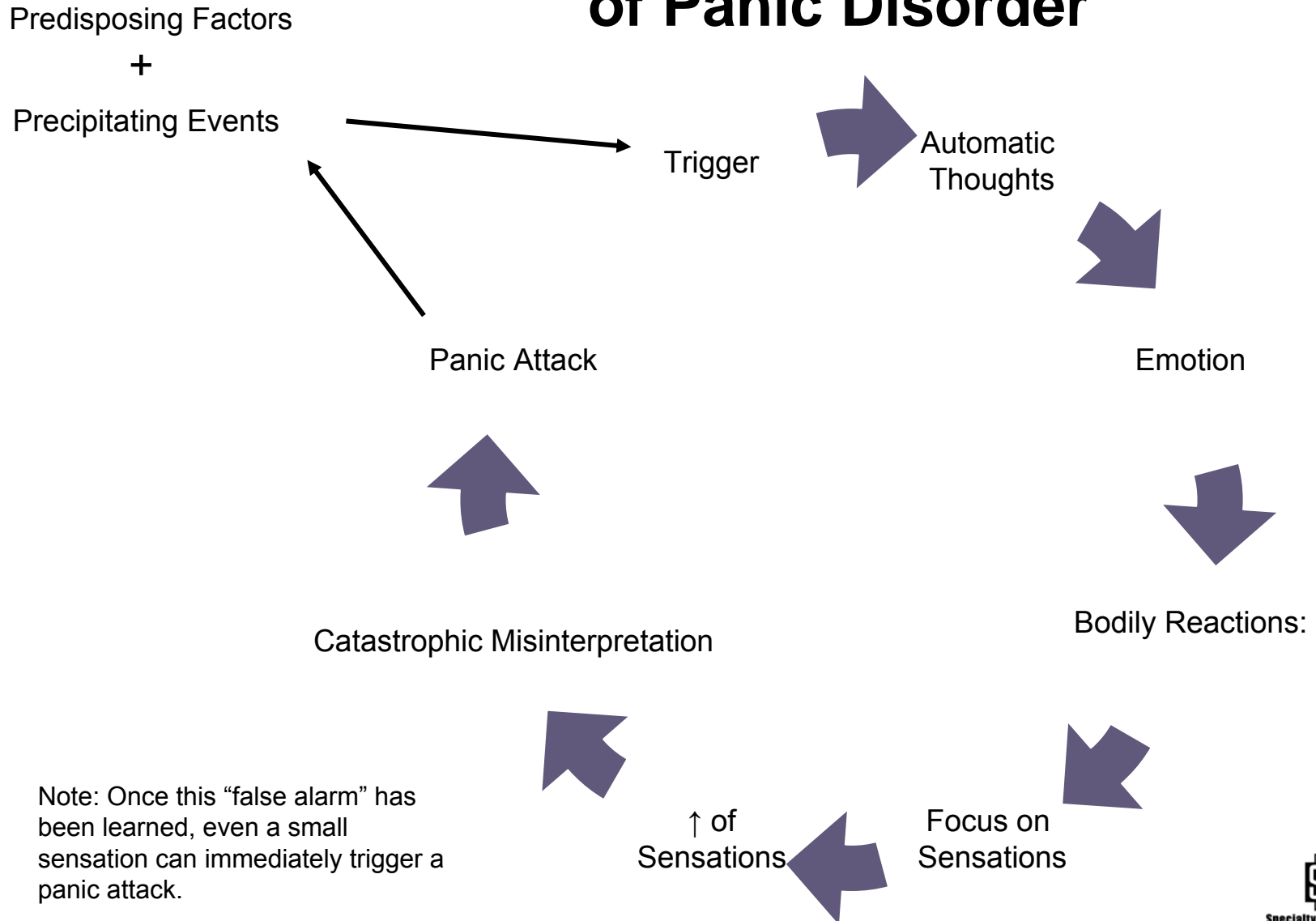


# CBT Conceptualization of Panic Disorder



Note: Once this “false alarm” has been learned, even a small sensation can immediately trigger a panic attack.



# CBT Conceptualization of Panic Disorder

